

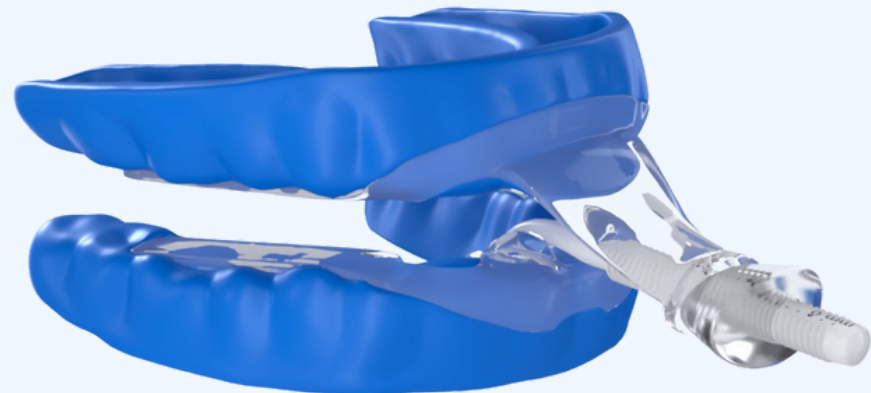
FLEXTAP: QUESTION AND ANSWER

Question 1:

I have a patient who will be getting a crown on #15. If I give her a flexTAP before it's cemented, can I modify the TAP afterward?

Answer:

It's easy to modify the flexTAP around small changes. Just heat it up in warm water and place and remove it several times, then let it finish cooling on the crown. flexTAP can also be adjusted with a burr - use a light stroke to avoid overheating. - Dr. Carstensen



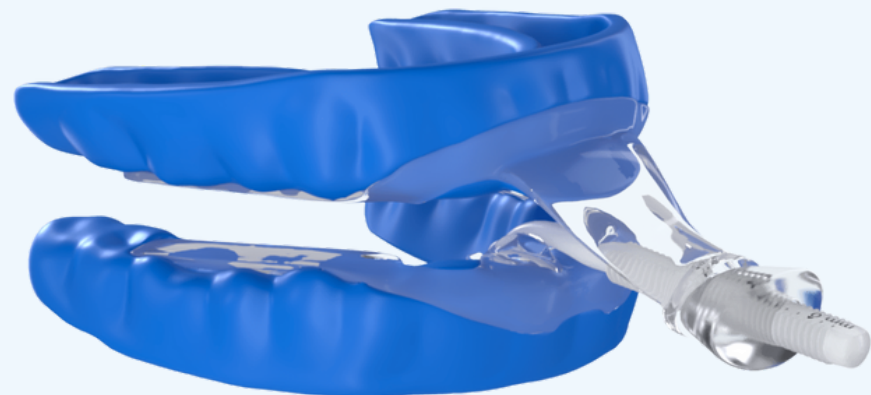
FLEXTAP: QUESTION AND ANSWER

Question 2:

Does it require a morning aligner?

Answer:

Every flexTAP comes with an AM Aligner morning repositioner, which is highly recommended for patients to use every morning after the use of an oral appliance. It takes less than 10 minutes to fit - the fitting video is on tapintosleep.com



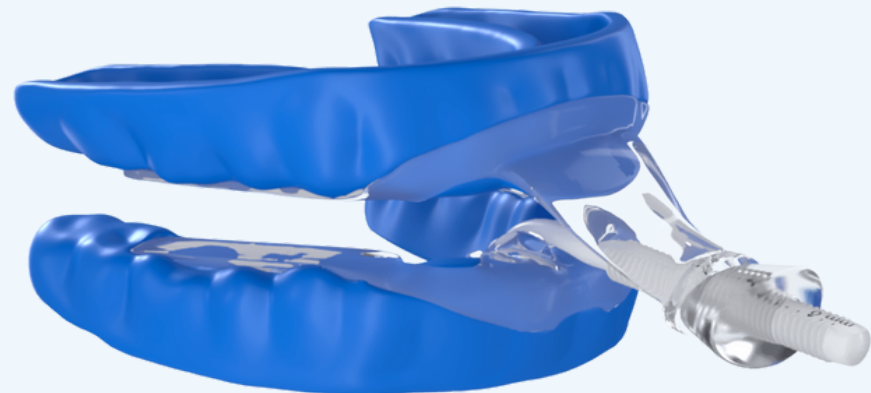
FLEXTAP: QUESTION AND ANSWER

Question 3:

Can it be used with clear aligners?

Answer:

- It can, but it's too new to know if it will interfere with the changes programmed into the aligners. It would also need to be retentive enough over the aligners. If the patient is using only the retainers, retention buttons can be added to the retainers to make that an easy thing. As a side note, if the patient has an airway issue I hope the orthodontic treatment includes improving the airway in the plan. It would be a shame to miss that opportunity. - Dr. Carstensen
- We've had multiple clients successfully changing the aligners out with a myTAP (non-custom) by reheating and reforming the myTAP so we assume this would be similar. - Charles Collins



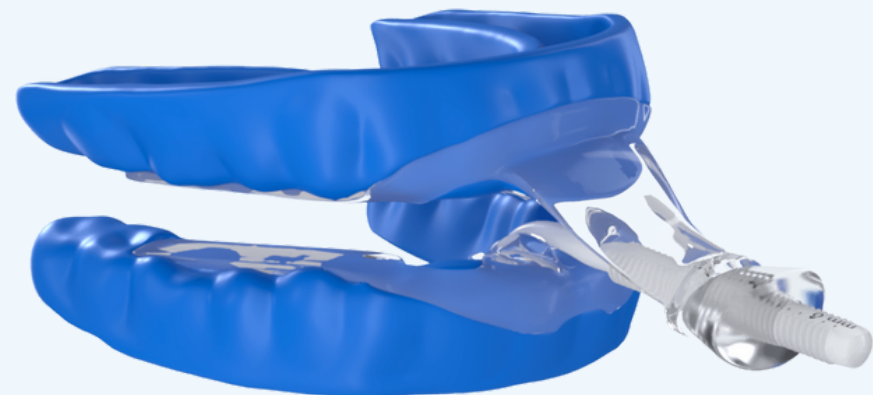
FLEXTAP: QUESTION AND ANSWER

Question 4:

Do you get (can you get) an AM aligner as well?

Answer:

Every flexTAP comes standard with an AM Aligner!



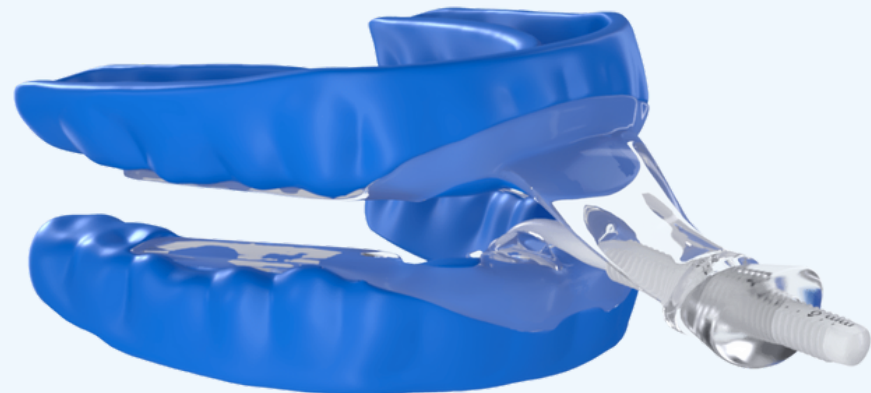
FLEXTAP: QUESTION AND ANSWER

Question 5:

My patient has the old type of tap appliance which he still wears every night. The metal part and the key are both rusty already. I'm looking into making him a new one, so would you recommend making him the flex one or still the old version since he is already used to it?

Answer:

- In my clinic, I try not to mess with success. The intraoral part cannot rust - but a bacterial pellicle that covers everything can sometimes be brown, which looks like rust. This is a super common problem that is hard to change because the space where the biofilm lives is hard to access. We recommend StainAway+, an effective cleaner. If you guys decide on a new device, I would stick with the same one, but show your patient the FlexTAP and let them decide. The key, on the other hand, rusts. - Dr. Carstensen
- flexTAP is largely based on the TAP 1 and myTAP designs and the success of those. The TAP 1 is no longer on the market. It's worth a try we've heard from many patients that flexTAP w this thermacryl is far more comfortable than their legacy TAPs and liners. All this with better outcomes and less protrusion. - Charles Collins



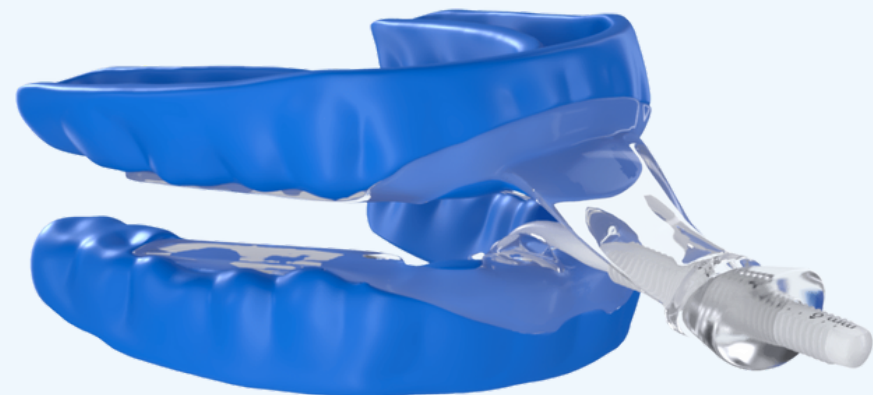
FLEXTAP: QUESTION AND ANSWER

Question 6:

What materials is it made out of? Any BPAs?

Answer:

It is made of the new irradiated ThermAcryl, which does not contain BPAs. Trays can be adjusted if too tight or loose by using warm water. DO NOT USE HOT WATER for tray fitting adjustments. The post/hard frame of the flexTAP is made of polycarbonate.



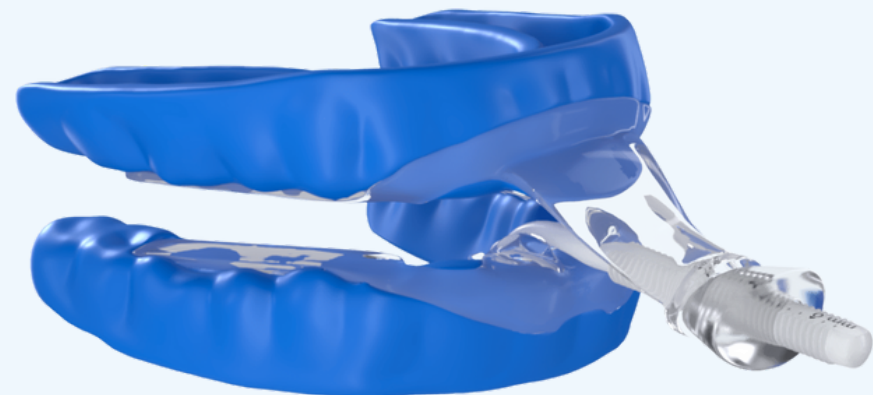
FLEXTAP: QUESTION AND ANSWER

Question 7:

A few practitioners say they avoid TAPS because of bite changes. I have made many Elites & Dream Taps & saw this happen with only a few patients. Your thoughts.

Answer:

It's not the device, it is the mandibular repositioning. TAPs cause no more or less mandibular adaptive response than any other device. In my office, the key is using the morning repositioner, AM Aligner. - Dr. Carstensen



FLEXTAP: QUESTION AND ANSWER

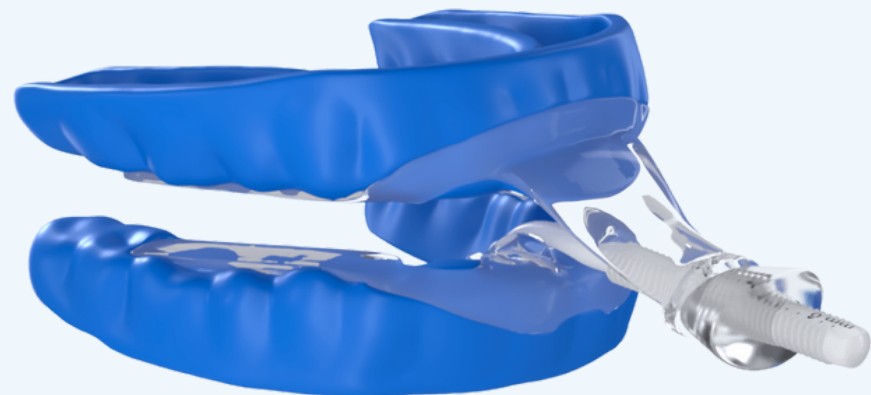
Question 8:

Any concerns with bruxers or TMD?

Answer:

I tell people that folks usually decrease their bruxing and clenching when a MAD is used unless they don't. Since we know these activities have multiple etiologies, correcting airway function will help those whose parafunction is tied to airway/microarousals.

Can't know who those people are in advance, so I concentrate on correcting the problems I can measure and see how the body responds. TMD is a whole big topic, but I make FlexTAP for patients with uncomfortable muscles because the movements allow the muscles to relax. I don't make FlexTAP for acute joint dysfunction, preferring to solve that in other ways before addressing airway function. - Dr. Carstensen



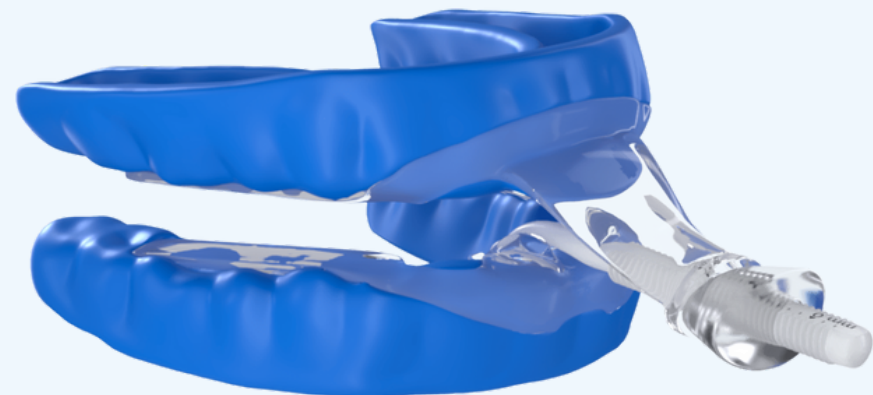
FLEXTAP: QUESTION AND ANSWER

Question 9:

What is the lateral excursion range for flexTAP?

Answer:

There is no limitation left and right. flexTAP allows the jaw to go wherever it wants, but the tendency is to go back to its most neutral position at midline.



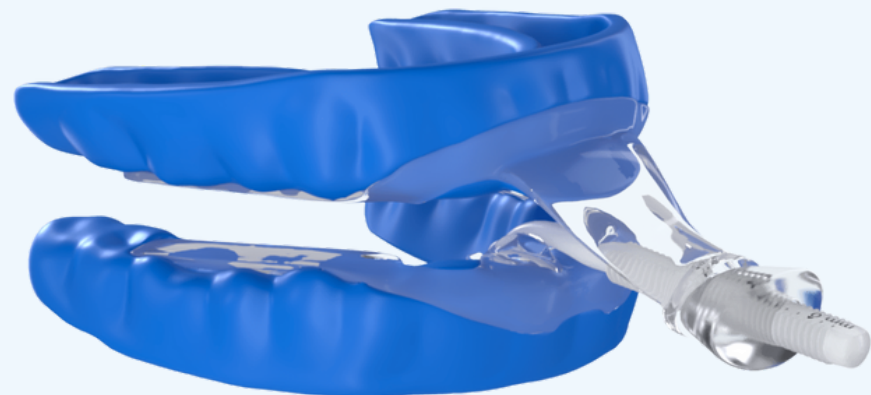
FLEXTAP: QUESTION AND ANSWER

Question 10:

Can you order from Canada?

Answer:

Yes. flexTAP is now available at Rotsaert Dental Laboratory for Canadian customers.



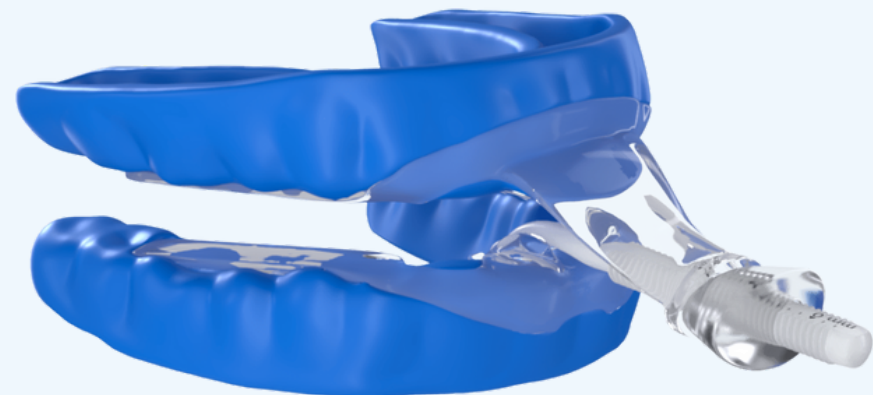
FLEXTAP: QUESTION AND ANSWER

Question 11:

I have had Rotsaert make a flexTAP for my son, he has been wearing it for a week, very comfortable, and easy to adjust. He is not wearing the shield. Will he get a better result wearing the shield?

Answer:

Great to hear! We have seen better treatment outcomes by adding the mouth shield to promote nasal breathing (the proper way to breathe). Definitely recommend at least trying it out!



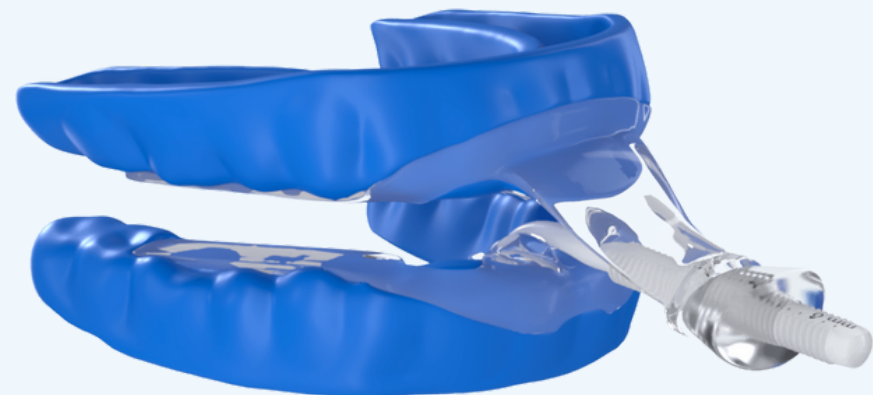
FLEXTAP: QUESTION AND ANSWER

Question 12:

Sounds like the perfect cost-effective appliance. Other than patients maybe objecting to the protruding post, what contra-indications are there to using this appliance?

Answer:

I don't choose this one for patients presenting with acute capsulitis. Or if they have short round teeth with little retention. - Dr. Carstensen



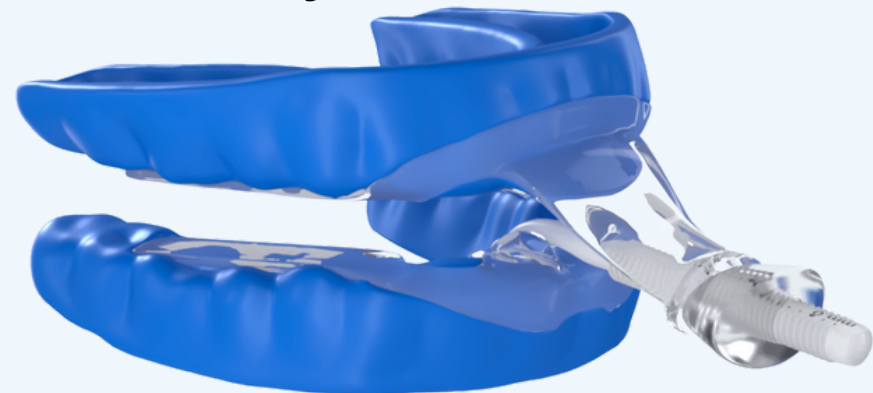
FLEXTAP: QUESTION AND ANSWER

Question 13:

When will flex tap be rolled out? I've been trying to get a local dentist to prescribe this for me since February without luck (have been using my tap for about 4 years now)

Answer:

flexTAP was launched in October of 2022. TAP partners with outside dental labs such as Rotsaert Dental Lab to fabricate TAP appliances. Your dentist may not be aware of the appliance yet, but you can have them call Rotsaert or Airway Management to learn more.



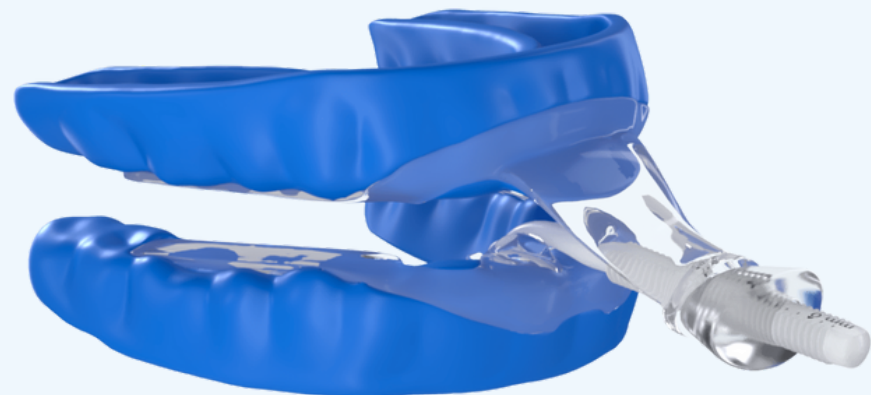
FLEXTAP: QUESTION AND ANSWER

Question 14:

Do you accept stone models?

Answer:

Yes. You can send the upper and lower full arch scan using digital scan or traditional scan.



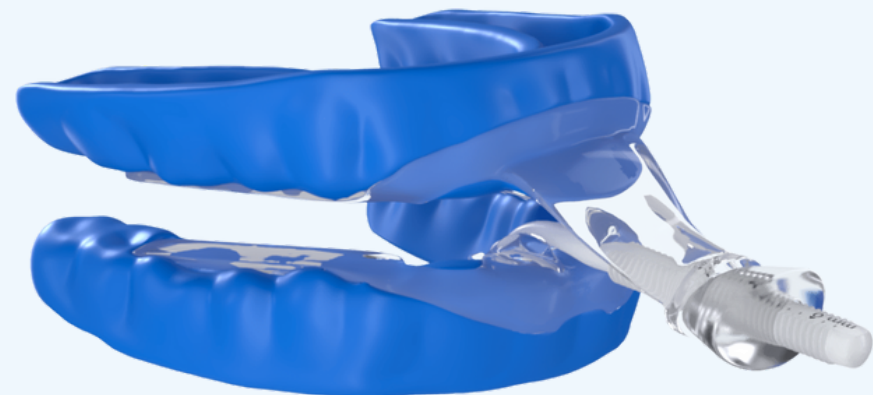
FLEXTAP: QUESTION AND ANSWER

Question 15:

Is it the SleepImage Ring?

Answer:

The ring is the same one sleepImage uses, yes. This device is an excellent source of biosignals. The magic comes in how the data is interpreted by the software. - Dr. Carstensen



FLEXTAP: QUESTION AND ANSWER

Question 16:

Do you customize the color of flexTAP?

Answer:

Currently, the flexTAP is only available with blue ThermAcryl trays.

